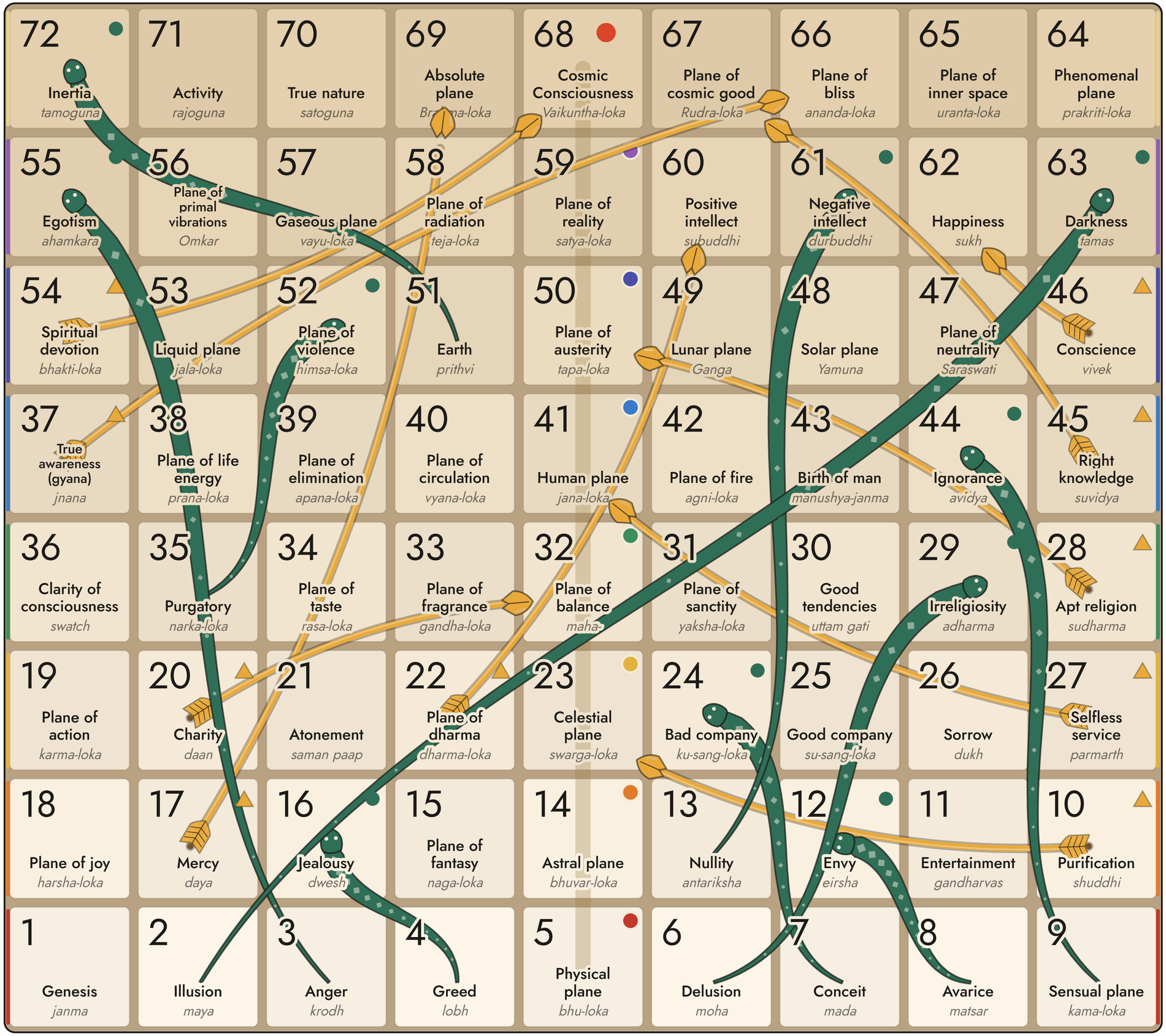


Printed from Leela Atlas · leelaatlas.com · Free to print for your own play

Leela
ATLAS

# Leela, the Indian game of self-knowledge

*72 squares, one die and your own question*

## HOW TO PLAY

1. **Ask your question.** Before the first throw, put into words what you bring to the game.
2. **Wait for a six.** The token waits on 68. A six gives it birth on square 6, Delusion.
3. **Sixes add up.** A six brings another throw and the throws add up. Three sixes in a row cancel each other: only the next throw counts.
4. **Arrows lift, snakes bring down.** Live the square where an arrow or a snake begins, then follow it.
5. **Past 72.** Go up to 72, the snake takes you to 51, and the rest of the throw goes on from 51.
6. **The end.** The game ends when the token lands exactly on 68, Cosmic Consciousness.

> *On every square, read its name, ask its question and write one line in your journal.*

- Arrow: lifts you
- Snake: brings you down
- 68: the goal

## THE EIGHT ROWS: THE CHAKRAS

- 8 **Beyond the chakras** *The Gods Themselves*
- 7 **Sahasrara** *The Plane of Reality*
- 6 **Ajna** *The Time of Penance*
- 5 **Vishuddha** *Man Becomes Himself*
- 4 **Anahata** *Attaining Balance*
- 3 **Manipura** *The Theater of Karma*
- 2 **Svadhisthana** *The Realm of Fantasy*
- 1 **Muladhara** *The Fundamentals of Being*

The central column, 5, 14, 23, 32, 41, 50, 59 and 68, is the spine of the board: the plane at the heart of each chakra.

### Play it online

The same painted board, cards from six decks drawn on velvet, a line from six books on every square, Atlas to reflect with you, and a journal that keeps each game. Alone, with friends or with a Leela guide. Joining is free.

leelaatlas.com